



WAKO (WEDNESDAYS AT KO'OLAU)

"PULLING TOGETHER WITH GOD AND OTHERS"

FEBRUARY 21, FEBRUARY 28 and MARCH 6, 2024

5:30 PM CLASSES | 6:30 PM DINNER | 7:30 PM CLASSES

WAKO 5:30 PM CLASSES

1) RELATIONAL KEYS TO EFFECTIVE MINISTRY

Instructor: Tim Fearer

How many questions did Jesus ask? How well did He listen and observe? And how did His listening and question-asking guide Him in this teaching? We'll explore together leading by listening, observing and asking powerful open-ended questions, and then see all of the spiritual fruit which results.

2) WHEN WE THRIVE IN RELATIONSHIP ... OR NOT Instructor: Sissi Tran-Copeland

We all value thriving relationships but don't always get them. Through the lenses of Attachment Theory and research, we will look at what might get in the way. Participants will gain awareness of basic attachment needs, and how unmet needs impact the way we communicate for deeper connection in relationship.

3) HOLY LAND TOUR PREP

(Only for those registered for First Prez Holy Land trip) Instructors: Tim Shaw & Kathy Makuakane

We will begin the 40 hours of reading and working on maps that we will take into the field as we travel around the lands of the Bible in October 2024. We will primarily use the maps and resources created by Biblical Backgrounds, which come as a part of the tour package.

4) UKULELE I

Instructor: Barry Matsumoto Cost: \$5 | Class size: 15

This is an introductory course for beginning and re-starting ukulele players. We'll introduce common chords and strumming using familiar songs. Players should bring their own ukulele.

5) UKULELE II

Instructor: Cullen Chong

This is a Kanakapila-type course and follows the Ukulele I course. We will continue developing familiarity with common chords and strumming using familiar songs. Players should bring their own ukulele.

6) LET'S PLAY MAHJONG Instructor: Mary Monohon

Class size: 28

Do you like games or cards? Mahjong is similar to Gin Rummy with Chinese tiles. It's easy to learn and a fast game once you have the tiles mastered. This is for beginners or those who just want to play.

7) SIGN DANCE

Instructors: Ann & Rick Walkinshaw

You'll learn a sign dance to a praise worship song, based on the American Sign Language.

8) THE JOY OF HAND-LETTERING

Instructor: Jo Shimada

Class size: 10

Learning different lettering styles and how to put them all together is a lot of fun. This course will teach you simple techniques that will have you designing beautiful cards and wall art in no time.

WAKO 7:30 PM CLASSES

1) MAKING DISCIPLES THROUGH SMALL GROUPS Instructor: Vance Hartzell

Life transformation happens best within the context of community. So if a church is going to be intentional about discipleship, they must develop onramps to small groups that reach people on the fringes and beyond. Believers grow spiritually when they are connected relationally. In this class, we want to look at all the nuts and bolts of what it takes to create healthy, balanced small groups. Small Group Coaches and Leader's Manual will be provided.

2) MERE, DOCK, AND SCREWTAPE Instructor: Vicki Lepick

We will take a look at three of CS Lewis' most beloved and famous theological writings. You will learn more about his theology and understand your own theology as we take a walk through these works. All three books are full of beautiful views of God and how God can work in our lives.

3) SENDING JOY (CARD-MAKING)

Instructors: Nina Rappeline & Ronnie Simao

Cost: \$15 | Class size: 12

Learn to create handmade cards with decorative stamps, ink, and paper. Classes will feature basic and advanced techniques. Send a "paper hug" and spread joy with your gift of a handmade card. Class fee includes all materials and supplies.

4) THE DOCTOR IS IN Instructor: Dale Vincent

• Feb 21: "When You Can't Think of Anything to Say"

We'll discuss different ways that can successfully show empathy, even in the most trying of circumstances, using words and actions that always seem to work.

• Feb 28: "So Much to Do - Overcome Procrastination

We all get stuck and procrastinate to different degrees; surprisingly, it's not always bad. We'll discuss the good and the bad of procrastination, different reasons why people put things off, and strategies we can use to get off our . . . and get things done.

• March 6: "One Is the Loneliest Number"

We'll discuss the different ways people are feeling lonely in 2024, how to spot a lonely person, why it matters, and what you can do about it.

5) PAINTING WITH WATERCOLOR (GREETING CARDS) Instructors: Jayne Montz & Dolly Hoag Cost \$5 | Class size: 12

This class is designed for beginner to intermediate levels. You will be surprised at how easy it is to create watercolor greeting cards. Spring is in the air, so we will be primarily painting spring flowers and plants.

KEIKI WAKO (5:30PM only) Instructor: Karen Makishima

Keiki WAKO is for children ages 3 months to 5th grade. Theme: SHIPWRECKED - where kids will discover that we are rescued by Jesus.